

**National Physical Education Institute 2016
Dance Session
Chip Candy and John Smith**

“The PINK PANTHER”

Starting position: facing forward hands on hips.



Step slow right, left, fast right, left, right, left, right

Look to the right, look to the left hitting thighs with both hands fast,



Repeat. Repeat.



Snap fingers above head 2X, clap 2X, slap knees 2X, hit floor 4X

**Slap knees 2X, clap 2X, snap fingers 2X
PROWL AROUND**



Repeat complete dance but end with crash to the floor on ending.



PURPLE PEOPLE EATER (EDITED)

by SHEB WOOLEY
(Dance by John Smith 1995)

Verse 1: **Primary level: Go up and down with the beat**
 Intermediate: 8 right toe touches 8 left toe touches
 Advanced: 4 slides right clap, 4 left slides clap, repeat

CHORUS: **One eyed (look through hands in front of eyes)**
 One horned: one arm out in front above head
 Flying Purple People Eater (Arms flapping and hands eating)

Verse 2 : **Primary: Lean right, Lean left to the beat**
 Intermediate: 4 right toe touches, 4 left , 4 right
 Advanced: grapevine right, grape vine left, right
 Voice: shake fingers at the students

CHORUS: **Repeat**

Verse 3: **Primary: Rock forward and backward to the beat**
 Intermediate: 2 rt toe touches, 2 lt, 2 rt, 2 lft, 2 rt, 2 lft
 Advanced: Walk forward 4, back 4, front 4, back2
 Voice: Play the guitar

Chorus: **Repeat**

Verse 4: **Primary plays the electric guitar**

Chorus: **Repeat**

VERSE 5: **With hands on hips dance**

ENDING: PLAY HORN OUT OF HEAD

“WIPE OUT”

David Jenkins and John Smith

Drums rolls..... hands playing drums above the head and in front of you

Mount the surf board and ride the waves.....jump and change feet on guitar strums.

Guitar.....swim strokes

Crawl,

Backstroke

Breathstroke

Repeat Actions

“Pop Goes The Weasel”

Large group activity

Three people are holding hands in a three a cross formation with the whole group in a large circle formation with all facing counter-clockwise around the circle.

Students are skipping around the room to the music “Pop Goes The Weasel”.

On each “POP” the center person stops and waits for the next two skippers to catch up the him/her.

The inside and outside skippers continue skipping forward until they meet the next middle person.

When they meet, they take that person’s hands and continue to skip forward till the next “POP”.

Repeat the sequence.

During activity, change the center person with the inside and outside person.

