

The Art of Teaching: Strategies for Developing More Confident, Consistent and Teachable  
Students

Gregory A. Dale  
Duke University

1. Kids Today/I-Y Generation
2. Your Credibility is the Key to Getting Them to Buy In
3. Your Legacy
4. Seasons of a Teacher's Life
5. Three Key Aspects of Credibility

It's a Mental Thing: Strategies for Helping Student Athletes Reach Their Potential  
Gregory A. Dale  
Duke University

1. Commitment: Walk the Talk
2. Believe in Themselves
3. Embracing Pressure
4. Demonstrating Positive Character
5. Enjoying the Process

Parents Today: Strategies for Helping Them Maintain a Proper Perspective  
Gregory A. Dale  
Duke University

Types of Parents

Key Strategies to Help Them Maintain Perspective

1. They Must Model the Lessons Sport Can Teach
2. They Must Behave in the Stands
3. They Must Have a Life of Their Own
4. They Must Make it Work With Their Child's Coach
5. They Must Allow and Encourage Their Child to Participate in More Than One Sport Through High School

6. They Must Build Rather Than Destroy Their Child's Confidence

7. They Must Allow Their Child to Enjoy the Journey