

Get Your Feet Wet with EDTECH

Adam Keath, Tom Watterson, and
Tyler Goad

*Download
Pokémon

Go!



*Download
Sworkit!



Who are we?



Tom Watterson:



Adam Keath:

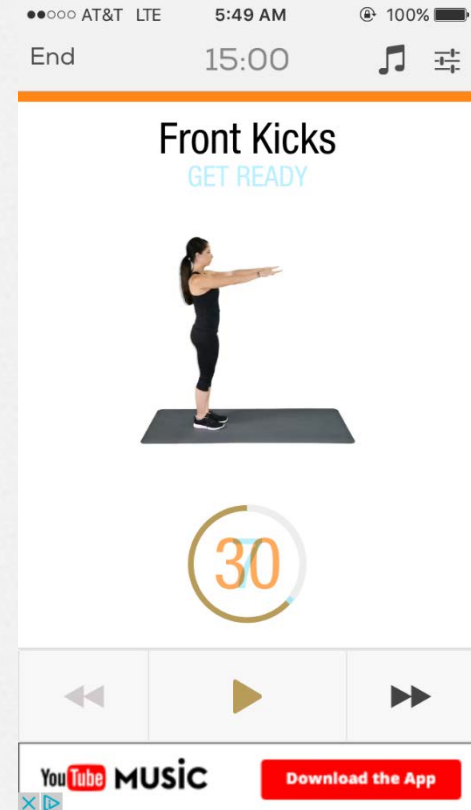
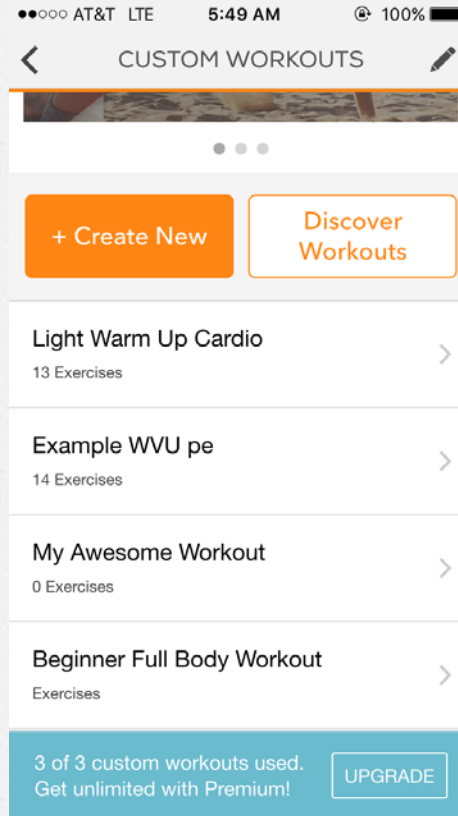
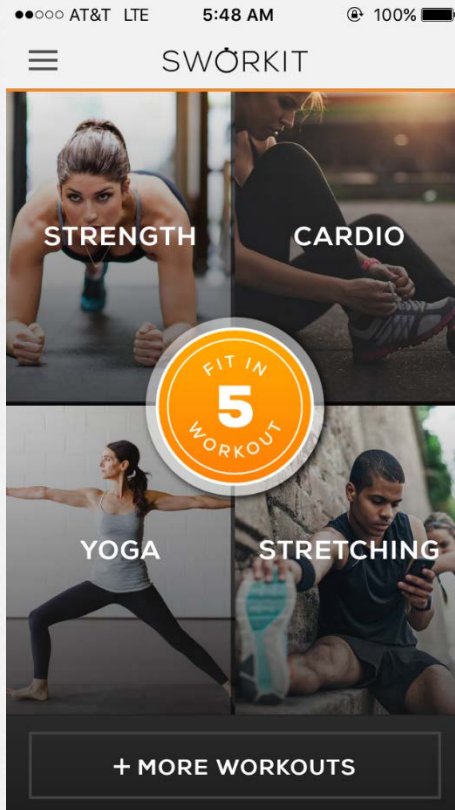


Tyler Goad:

Fitness Plans

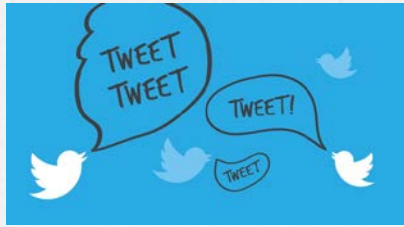


Sworkit



Geocaching





Social Media Toolkit

o Professional Development

Phyседagogy	<u>@phyседagogy</u>
The physical educator	<u>@phys_educator</u>
Joey Feith	<u>@JoeyFeith</u>
John Jones	<u>@JohnJonespe</u>
Andy Vasily	<u>@andyVasily</u>
Ashely Casey	<u>@DrashCasey</u>
Sarah G-H	<u>@GHSaysrockchalk</u>
Collin brooks	<u>@Collinbrooksie</u>
Jorge Rodriguez	<u>@phyседnow</u>
Matt Pomeroy	<u>@Phyсед_pomeroy</u>
Stephen Harvey	<u>@drStephenharvey</u>
Charla Krahnke	<u>@ncpe4life</u>
Jo Bailey	<u>@lovephyed</u>
pe central	<u>@pecentral</u>
Pe matters	<u>@artiekamiya</u>
Shape America	<u>@shape_America</u>
PE geek	<u>@mrrobbo</u>



Social Media~ Parents

Showcase your program through Social Media

- 90% of parents use Facebook

Create a content and sharing calendar to advocate for students health.

- Physical Activity Behavior change starts in the home.
- Provide parents with resources and information to improve their child's health.

Tools

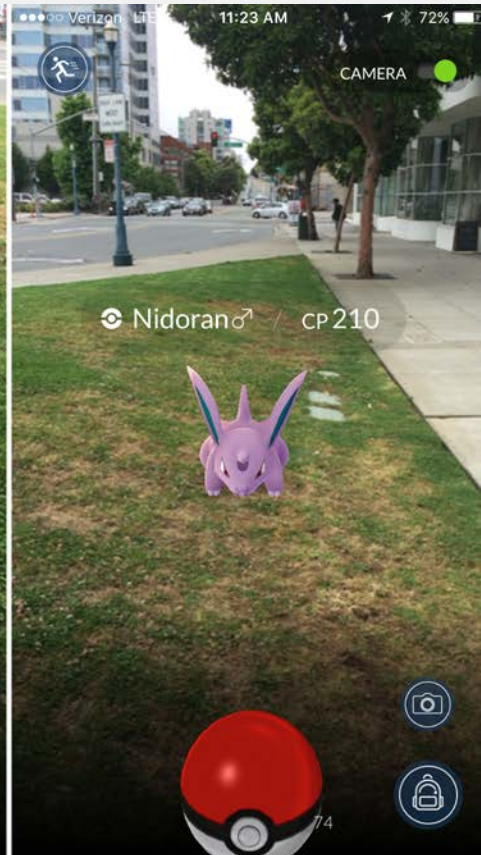
- www.hootsuite.com
- Infographic [Resources](#)



PokéFitness!



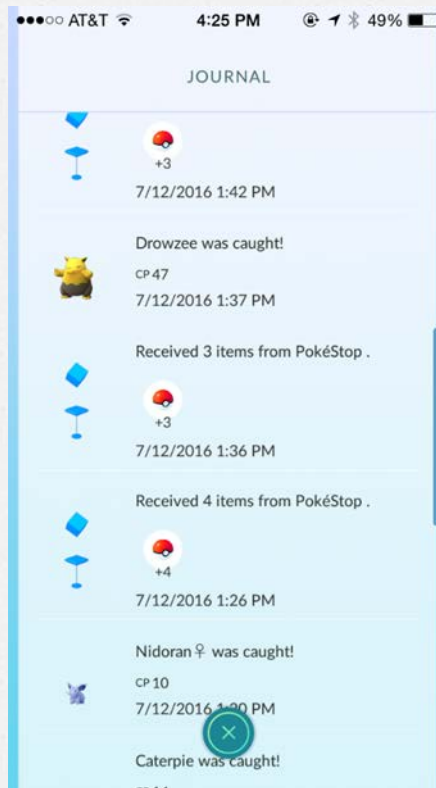
Catching the Critters



Pokéstops



Accountabilibuddy Features



Contact Information

o Tyler Goad

o tjgoad@mix.wvu.edu

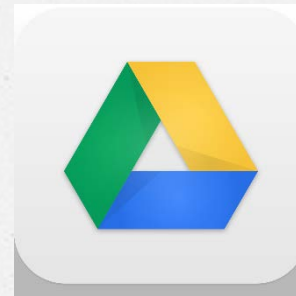
o Adam Keath

o ajkeath@mix.wvu.edu

o Tom Watterson

o tawatterson@email.wcu.edu

Other Helpful HPER apps



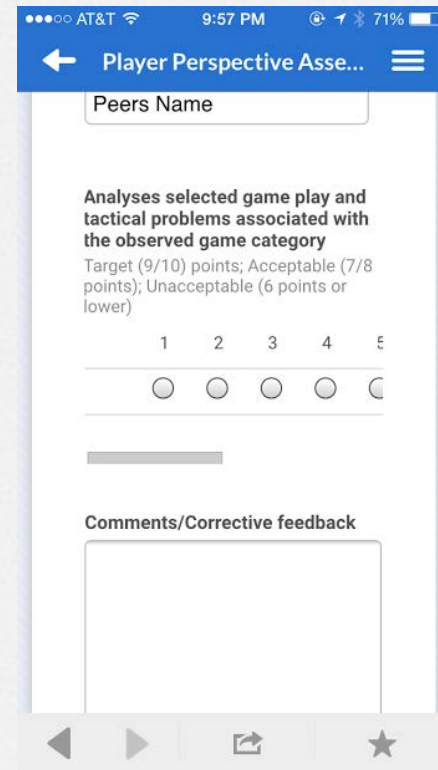
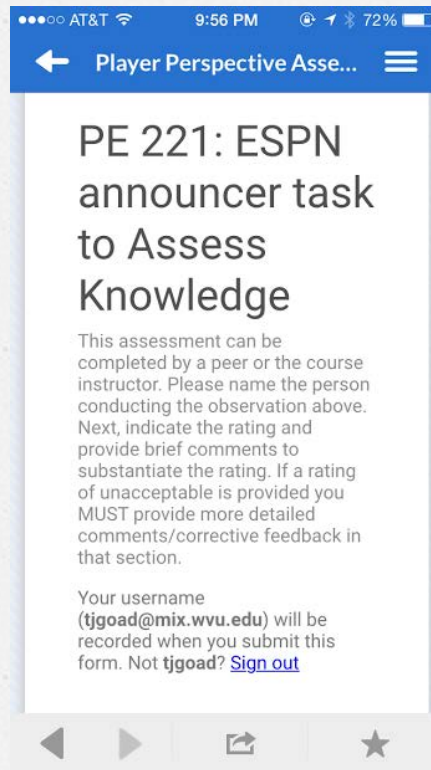
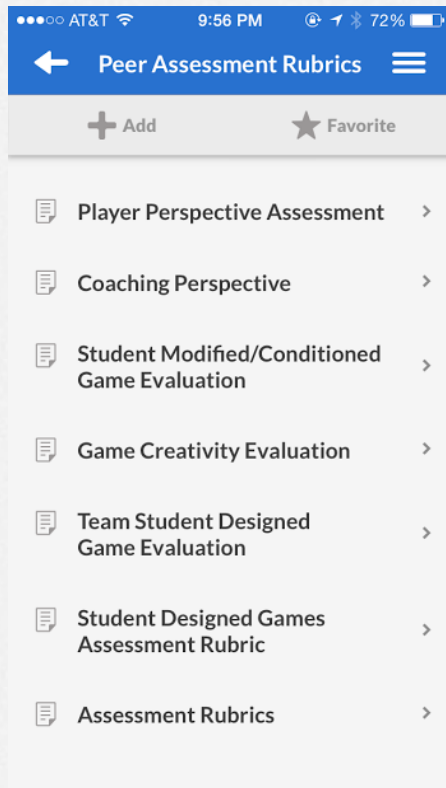
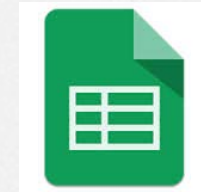
The Big 3

- o What to look for:
 1. Apps are FREE
 2. Has a dedicated course website
 - o Makes it easier for teacher and student to evaluate and assess
 3. Ability to create and share
 - o Ownership
 - o Individualize

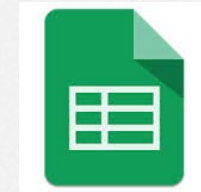
20 years later and all of these things fit in your pocket.



TGFU: Google Forms



TGFU: Google Forms



PE 221: ESPN announcer task to Assess Knowledge (Responses)

File Edit View Insert Format Data Tools Form Add-ons Help All changes saved in Drive

Comments Share

Timestamp

	C	D	E
1	Read the directions an	Analyses select	Comments/Corrective feedback
397	Nathan	8	He did a good job telling who to play where
398	Nathan	10	
399	Nate	3	He did well coaching but did not know the sport. But that's fine.
400	Issac	9	
401	Issac	6	Didn't really have a tactical plan
402	Isaac 9/23/15	10	Very good strategies. Willing to talk to players and communicate. Listens to players feedback as well
403	Isaac 9/24	9	
404	Isaac	7	Tuesday was slow with practice. Didn't have much of a game strategy at practice.
405	Marcus and Antnoy 9/24	9	They made a good game
406	Marcus and Anthony	10	Marcus and Anthony were great coaches together and really understood where everyone needed to be on the field.
407	Marcus and Anthony	7	The game itself was tough because none of us have played soccer before but I think the coaches had a good strategy set in place. We started to pick it up towards the end but it was a little too late then.
408			
409			
410	James and johnathon	10	Knew what they wanted to do and executed it
411	James 10/1/15	10	constantly called timeouts in order to gather team together and create a game plan that often resulted in touchdowns
412	Chaz and Nikko 10/1/15	8	The game was good pretty average tho
413	Chaz	3	They knew the game well but did not talk much to our Team.
414	Nico and Chaz 10/01/15	9	The coaches graced us with their vast knowledge of drills and play calling.
415	Niko, Chaz	8	They were always on top of things and knew exactly which plays to run every time.
416	Alec	10	I think he knew what he was doing. He already had plays set up for us.
417	Alec	10	
418	Aaron	9	Came into a jammed game day with a handful of useful plays that seemed to work well.
419	Aaron	10	He did a good job coming up with the game plan right off the get go and adjusted accordingly throughout the game action.
420	Aaron	8	Aaron had a good game plan and had a pretty good idea of what he wanted to do on both sides of the ball.
421	Iu	8	
422	Nico 10/1/15	7	
423	Chad	7	The game was good but we just weren't very motivated

Form Responses 1

Explore

9:59 PM 10/19/2015

Wellness 4 Life: Fitocracy



Fitocracy | sgbair's Profile x | tgoad@g.empori...

Fitocracy, Inc. [US] https://www.fitocracy.com/profile/sgblair/?feed

Feed You Track Knowledge Coaching Connect Leaders Search for users or groups

Dashboard Account Settings Next: Save your height Completeness 84%

Suggest an Exercise Coaching

Us in Other Places

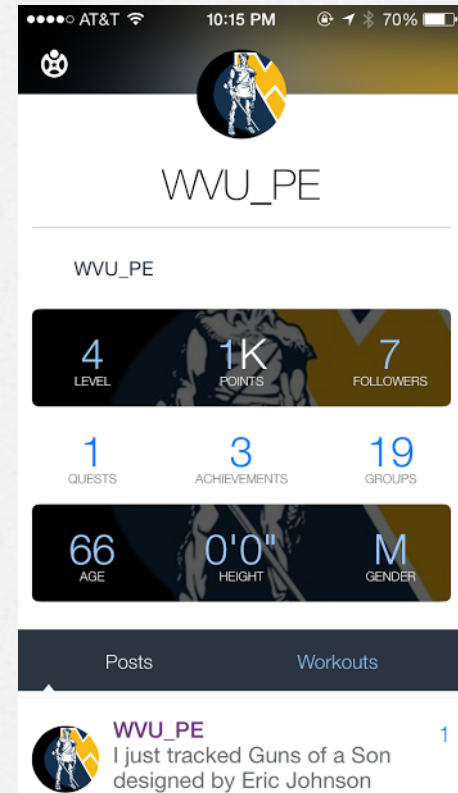
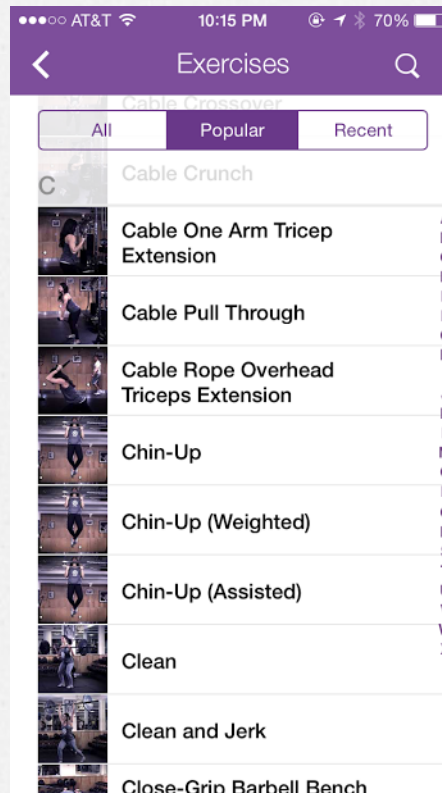
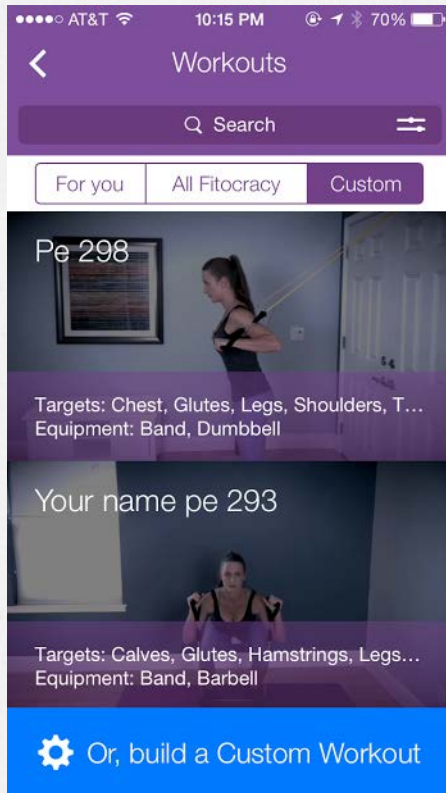
- Twitter
- Facebook
- Google+
- Pinterest
- Tumblr
- Instagram
- Spreadshirt

sgblair tracked Saira Blair- PE 293 for 445 pts Jul 17, 2015

Body Weight Squat	
15 reps	30
15 reps (PR)	30
Jump Lunges	
15 reps	39
15 reps	39
15 reps (PR)	39
Bicycle	
30 reps	15
30 reps	15
30 reps (PR)	15
Fire Hydrants	
15 reps	11
15 reps	11
15 reps	11
Alternating V-Up	
20 reps	20
20 reps	20
20 reps (PR)	20

Windows Taskbar: 10:20 PM 10/19/2015

Wellness 4 Life: Fitocracy





Instructions: This week we will be using Pokémon Go to help us achieve our Move Goals. If you do not know how to use the application [click here](#) for a short video that explains the basics. Below is a list of screenshots/achievements that you will need to collect in order to receive credit for this week's cardio activity.

Collect following (#NUMBER) of unique locations and Pokémon while using the app!

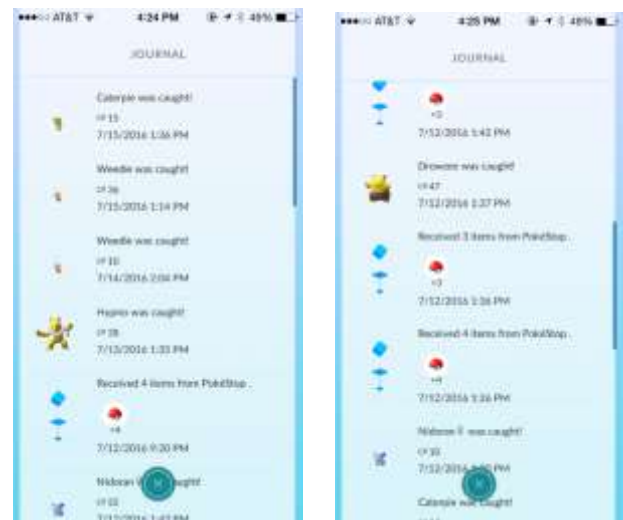
- Pokémon (8 different Pokémon)
- Pokéstops (3 different locations)
- Pokégyms (2 different locations)

***Screenshot** Your Journal and Avatar Page to verify all of the above requirements. This you will have to take multiple screenshots to capture all of the information. See example screen shots below.

Example Avatar Screenshots



Example Journal Screenshots



Week	Total Weekly Moves Goal	-5 points earned	0 points earned	+5 points earned
1	60,000	< 32,000	32,000-59,999	60,000+
2	67,000	< 39,000	39,000-66,999	67,000+
3	74,000	< 46,000	46,000-73,999	74,000+
4	81,000	< 53,000	53,000-80,999	81,000+
5	88,000	< 60,000	60,000-87,999	88,000+



Instructions: In this assignment you will be using Pokémon Go to help you achieve your Move Goals and create “PokéFitness” cards. Below is a list of screenshots and Pokémon types that you will need to collect in order to receive credit for this week’s “PokéFitness” activity.

Collect **TWO** Pokémon’s for each of the different Pokémon types listed below.

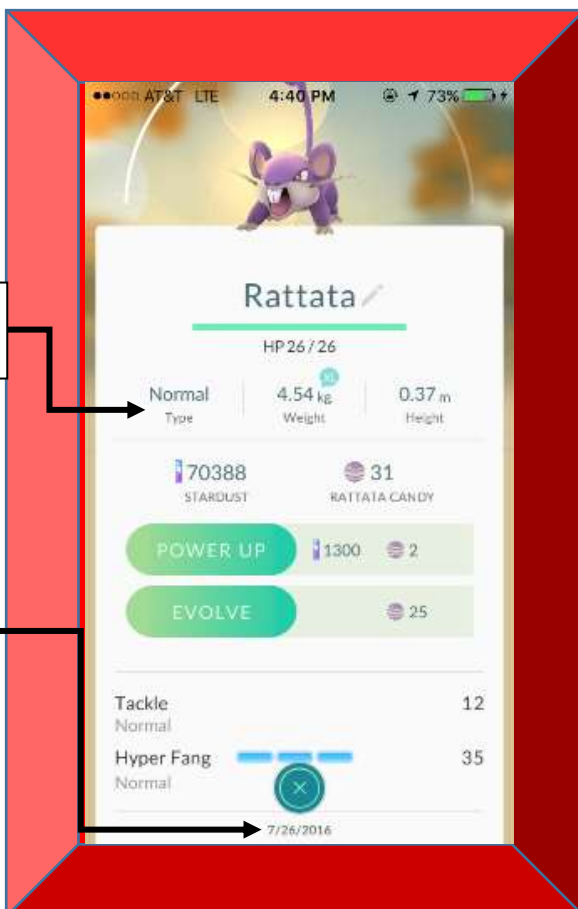
- **Normal**; **Poison**; **Flying**; **Water**

*Screenshot the Pokémon you find that fit into the four categories listed above. Use the template provided below to complete the assignment by filing in the **BLANK** Pokémon categories with the screenshots you collect. *Make sure to include the “capture date” in the screenshot you take of the Pokémon you capture.

PokéFitness: As a Pokémon trainer you will need to come up with a fitness related activity that best fits the Pokémon you find!

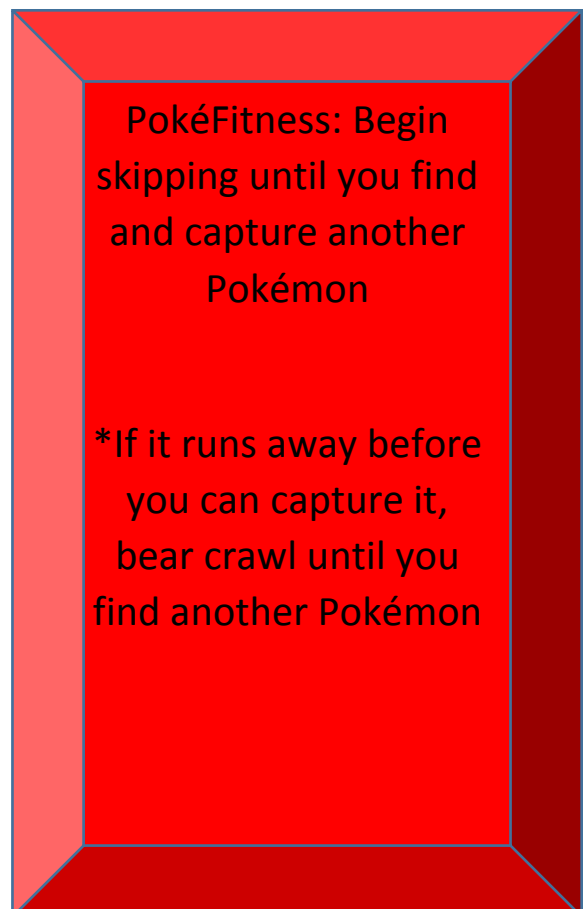
Type: Normal

PokéFitness



Pokémon Type!

Capture Date!!!



PokéFitness: Begin skipping until you find and capture another Pokémon

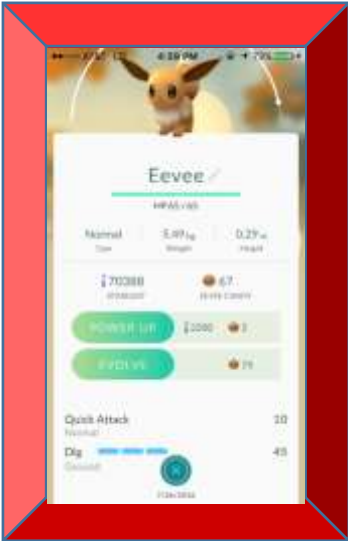
*If it runs away before you can capture it, bear crawl until you find another Pokémon

Type: Normal

PokéFitness

Type: Poison

PokéFitness

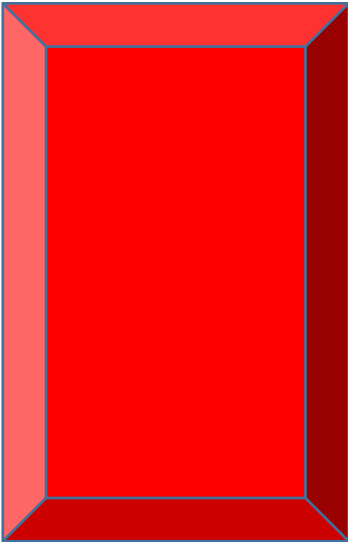


PokéFitness:
Perform 20 Ski
Jumps when you
find an Eevee

*If it runs away
before you can
capture it, x2 the #
of Ski Jumps



PokéFitness:



PokéFitness:



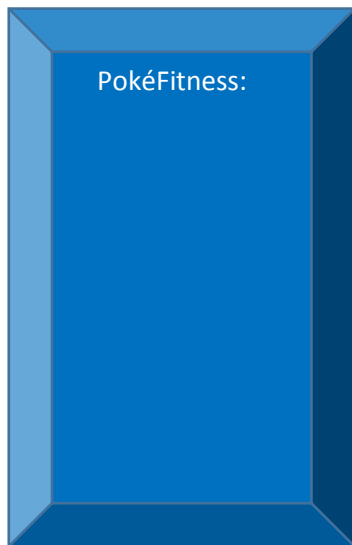
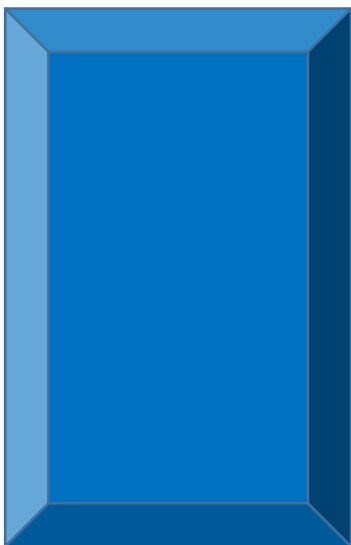
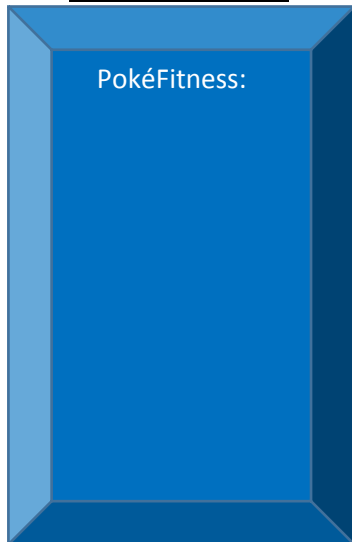
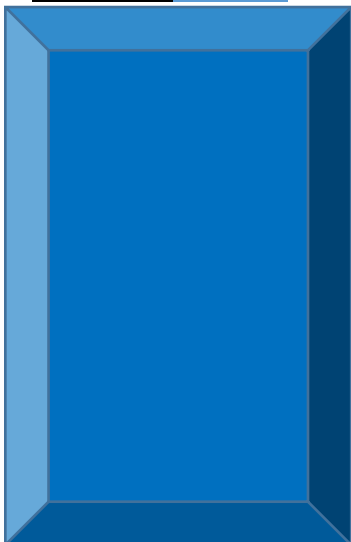
PokéFitness:

Type: Flying

PokéFitness

Type: Water

PokéFitness



Pokémon Go One Types (151 Pokémon)

Type	Type Count	% of All Pokémon
Poison	33	21.85%
Water	32	21.19%
Normal	22	14.57%
Flying	19	12.58%
Grass	14	9.27%
Ground	14	9.27%
Psychic	14	9.27%
Fire	12	7.95%
Bug	12	7.95%
Rock	11	7.28%
Electric	9	5.96%
Fighting	8	5.30%
Fairy	5	3.31%
Ice	5	3.31%
Ghost	3	1.99%
Dragon	3	1.99%
Steel	2	1.32%
Dark	0	0.00%

Pokémon Go Locations By Type

Pokémon of the same type will reside in similar locations. Here is a list of locations and the possible Types that can be found in each location.

Locations	Possible Types
Places	Normal
Roads	Normal
Transit	Normal
Rivers/Lakes	Water
Basin	Water
Canal	Water
College	Normal
Commercial	Normal
Farm	Grass, Bug, Flying
Forest	Grass, Bug, Flying
Golf Course	Grass, Bug
Highway	Rock
Hospital	Normal, Psychic
Hotel	Normal
Parking	Ground, Rock
Place of Worship	Fairy
Playground	Grass, Bug, Ground
School	Normal
Stadium	Fighting, Normal